



# Holy Family Hospital

## An Institution of the Order of Malta

### Editorial



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My name is Veronika and I am a medical student from Germany. In the beginning of September I arrived in Bethlehem in order to do a four month internship at the Holy Family Hospital.

To graduate from medical school the German education system requires medical students to complete one year in a clinical internship, which is subdivided into three terms. I was grateful for the opportunity to spend one of these terms in the gynecological unit of the hospital, because I consider gynecology as a choice for my specialization

I have worked at the Holy Family Hospital before as a helping nurse prior to my medical studies in the summer of 2010. Therefore I had a slight idea about how life and work at the hospital would look like.

I started my work at the department of gynecology and obstetrics together with four other medical students from Al Quds University (Jerusalem). And my life was not much different from that of an German medical student. It consisted of daily rounds, practical work at the labor ward, the pre-/postnatal station or the operating theatre and daily lectures about medical topics.

The communication probably was my biggest problem in the beginning. Even if most of the doctors and nurses speak English very well, I missed the direct communication with the patients. Especially in the labor ward it would have been very helpful to be more fluent in Arabic, because every women would want to give birth in here mother tongue. So I can probably say that I learned a lot about non-verbal communication during my time there.

These communication problems were not such a big issue at my second part of the internship, which I spent at the Neonatology Intensive Care Unit. The good thing about little babies is that they don't care about in what language you talk to them, as long as you take good care of them. But the work at the NICU presented other new tasks. In the beginning it was not always easy to see those very little children connected to the big machines and tubes in order to live and be able to grow. I was impressed by the doctors and nurses who work at the NICU, because they have to cope with severely ill children and the concerned parents every day.

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*Designed by*

*Mrs. Rawan Hazboun  
Bazazo*



The question when to start or when to stop a treatment was always present during the work at the NICU. How should you decide whether a baby is too young to be treated? When do you stop a treatment because you think you have done everything that is possible?

Sometimes I was asked by a doctor „How would you decide in Germany?“ and I wasn't always sure what to answer. Because in the end it is not a decision you make depending on the country live in, but you personally think is right. So presumably every doctor or nurse you ask will give you a different answer.

But despite the sometimes difficult ethical circumstances and different or controversial views on some topics I enjoyed the work at the NICU and the rest of the Holy Family Hospital very much. The importance of children and family in the daily life is something that I have not seen like this before and will definitely miss back home.

## Board Of Trustees





## NICU ACTIVITIES

Prepared by Dr Micheline Al Qassis  
Head of Neonatal Department



This is the title of the book that Samar Issa has written reflecting her baby's life during his stay in the Neonatal Intensive Care Unit (NICU). Samar's baby "Ali" was born premature, three months before his due date.

Ali experienced many of the common complications associated with prematurity including respiratory Distress Syndrome, apnea, anemia, Bronchopulmonary Dysplasia and others.

Samar visited her baby every day. Sometimes she was there with her husband until midnight and then returned back in the morning. She was there supporting her tiny baby watching him fighting for every breath, facing daily challenges, battling the odds, and miraculously beating them.

"During the 95 days he spent in NICU, the doctors and nurses were absolutely amazing! They were friendly, optimistic, and yet realistic. Thanks to God, to the qualified staff, and medical advances, our son is doing wonderfully" said Samar.

Ali is now 3 years old and showing no signs of vision or hearing problems, or other disabilities common in premature babies. "He's feisty and sociable; he is doing amazing!" said Samar.

**November** is the month of prematurity; the world celebrates this day on the 17<sup>th</sup> in various ways. Here in the Holy Family Hospital we chose to celebrate this event by inviting our premature babies and their parents to a party at the hospital. We invited our premature babies who were born in 2014 and before the gestational age of 33 weeks.

We celebrated the development and growth of these babies with their loving parents. No words could ever describe the happiness and the joy our nursing and medical staff feel when they got to see the fruits of their hard work again after 3 years playing and flitting like the butterflies.

Ali was one of these babies! His mother Samar wanted to create something special for this year's premature day. She surprised us with her book as a gift to the medical and nursing staff in the NICU at Holy Family Hospital!



I want to take this opportunity to send my warm thanks and gratitude to the Holy Family Hospital of Bethlehem Foundation, particularly to the Ambassador of the Sovereign Order of Malta **Mrs Michele Burke Bowe**, who supported this day!

World Prematurity Day is a great opportunity to support members of our community who work with premature infants. We succeed in cooperation with the Palestinian Children Relief Fund to hold the 1st neonatal nurse's symposium day—the 1st in Palestine— where 45 neonatal nurses from ten different hospitals of Palestine participated. It was a successful day with outstanding topics that made everyone who attended confident and well versed with knowledge of the care needed for premature infants.

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***Thank You!*** Ms. Montegelas



Holy Family Hospital management committee and staff would like to express their sincere thankfulness to Ms. Sissi Montegelas and her team for their hard work in knitting with love the new babies born wears

***We highly appreciate it***



## Scientific Day

A team of the neonatal department participated in a scientific day about Palliative care in the neonates which was held on Jerusalem.

Our work is carried out in the spirit of Jesus Christ, providing the best medical care and preserving the dignity of the mothers and their children without regard to religion, race, nationality, or gender. We seek to enhance the quality of life in the human community by improving the well-being of children in body and in mind.



Our number one objective in the Holy Family Hospital is to graduate premature babies able to serve their communities with care and love.

Premature babies are living proof that there is hope! Thanks be to GOD who takes care of them. Thanks to my experienced nursing and medical team. Thanks to the medical research advancements. And a big thanks to the generosity of donors; without their gracious and generous support this mission would be near impossible to accomplish. Holy Family Hospital remains humbled and honored to continue its mission in this important work!





# ACTIVITY REPORT

*“Hope is a powerful motivation for Charity”*

## Monthly Deliveries

	1990	1995	2000	2005	2006	2007	2009	2010	2011	2012	2013	2014	2015	2016	2017
JAN	0	148	250	224	240	230	221	258	249	274	249	271	313	278	306
FEB	4	130	239	221	218	228	239	221	228	227	224	257	264	271	296
MAR	46	168	231	231	217	313	236	265	260	278	260	287	286	277	318
APR	68	180	274	240	216	322	280	298	286	265	301	267	277	268	295
MAY	85	188	288	238	237	366	284	304	285	229	250	240	297	304	365
JUN	85	202	294	258	219	277	275	333	292	261	278	302	311	313	363
JUL	84	188	329	235	243	276	328	307	286	306	279	314	379	379	427
AUG	71	199	309	235	256	264	280	286	292	296	289	319	351	340	403
SEP	109	167	275	234	280	233	261	295	263	291	267	281	327	329	386
OCT	116	193	223	257	295	255	297	270	251	281	274	258	286	309	365
NOV	97	203	165	213	257	224	247	237	224	249	271	251	224	278	371
DEC	104	198	175	207	268	238	265	236	243	209	242	265	253	307	
<b>TOTAL</b>	<b>869</b>	<b>2164</b>	<b>3052</b>	<b>2793</b>	<b>2946</b>	<b>3226</b>	<b>3213</b>	<b>3310</b>	<b>3159</b>	<b>3166</b>	<b>3184</b>	<b>3312</b>	<b>3568</b>	<b>3653</b>	<b>3895</b>

## Christmas Decoration



**TOTAL DELIVERIES SINCE 1990**

**75,539**



# DETAILED STATISTICS

*“Because the poorest deserve the best”*

Prepared By Mrs. Ahlam Fawadleh

2017	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	Total
ob/gyn consult. HFH	1074	1043	1254	1103	1239	1359	1472	1443	1301	1212	1243		13743
Outreach ob/gyn consultations	241	209	279	182	244	107	262	271	243	257	276		2571
Outreach Ped. Consultations	152	153	166	114	123	180	131	171	163	175	155		1683
Ped. Consultations	211	216	225	285	249	232	309	288	276	226	229		2746
Hearing Screening	299	277	315	274	359	323	406	405	342	200	0		3200
Diabetic Consultation	68	37	50	51	60	70	52	58	38	53	45		582
Mammography	13	13	22	7	4	10	9	10	5	16	13		122
over 45 Well Women Health Clinic	70	79	90	71	93	54	76	75	91	122	108		929
private cons. o/g	649	693	806	647	741	633	779	786	732	841	720		8027
private cons. ped	86	137	90	61	80	73	71	49	60	64	80		851
Cardiology	60	52	60	49	63	44	58	0	0	0	85		471
Private cons. Rheumatology / Osteopor-	99	112	108	102	140	78	129	110	133	99	121		1231
<b>T.Consultations</b>	<b>3022</b>	<b>3021</b>	<b>3465</b>	<b>2946</b>	<b>3395</b>	<b>3155</b>	<b>3754</b>	<b>3666</b>	<b>3384</b>	<b>3265</b>	<b>3075</b>		<b>36148</b>
TTL.Op.Del.File	5	6	4	8	1	2	4	5	4	2	3		44
Deliveries 3rd cl	261	253	281	241	306	316	373	349	325	306	317		3328
Deliveries 2nd cl	15	20	7	18	17	16	13	14	14	18	12		164
Deliveries 1st cl	7	11	6	14	11	8	16	11	16	16	15		131
Del..2nd cl.private	8	4	12	11	15	9	6	10	12	11	11		109
Del..1st cl.private	15	8	12	11	16	13	19	19	19	14	16		162
<b>TTL Deliveries</b>	<b>306</b>	<b>296</b>	<b>318</b>	<b>295</b>	<b>365</b>	<b>362</b>	<b>427</b>	<b>403</b>	<b>386</b>	<b>365</b>	<b>371</b>		<b>3894</b>
incl. C/S sections	79	64	77	76	81	92	77	88	76	78	89		877
incl. Del..UNRWA	108	112	110	129	129	137	168	146	157	146	145		1487
dont acc. P.N.A.	-	5	2	3	2	2	7	4	2	2	4		33
gyn.oper. 3rd class	41	28	34	36	42	28	28	42	36	38	54		407
gyn.oper. 2nd class	2	4	6	1	0	1	0	1	-	1	1		17
gyn.oper. 1st class	-	-	-	-	0	0	0	1	1	-	-		2
gyn.oper. .2nd class private	13	17	19	11	13	7	9	16	11	14	6		136
gyn.oper. 1st class private	-	1	2	-	-	1	0	0	-	-	1		5
<b>TTL Gyn.Oper.</b>	<b>56</b>	<b>50</b>	<b>61</b>	<b>48</b>	<b>55</b>	<b>37</b>	<b>37</b>	<b>60</b>	<b>48</b>	<b>53</b>	<b>62</b>		<b>567</b>
incl.op.UNRWA	20	16	25	15	24	12	18	21	14	23	25		213
incl.minor g.oper.	42	20	42	34	34	28	26	48	33	40	44		391
incl.major g.oper.	14	30	19	14	21	9	11	12	15	13	18		176
days ob/gn 3rd cl	603	556	606	585	693	669	766	741	690	668	726		7303
days ob/gn 2nd cl	59	67	72	68	73	57	48	69	63	80	55		711
days ob/gn 1st cl	42	42	36	53	54	41	66	53	66	50	59		562
<b>TOTAL days ob/gn</b>	<b>704</b>	<b>665</b>	<b>714</b>	<b>706</b>	<b>820</b>	<b>767</b>	<b>880</b>	<b>863</b>	<b>819</b>	<b>798</b>	<b>840</b>		<b>8576</b>
Admissions Obst.	375	353	384	350	435	423	487	471	454	430	446		4608
Admissions Gyn.	56	50	61	48	58	39	49	60	54	53	62		590
<b>TTL Admiss. Ob/gn</b>	<b>431</b>	<b>403</b>	<b>445</b>	<b>398</b>	<b>493</b>	<b>462</b>	<b>536</b>	<b>531</b>	<b>508</b>	<b>483</b>	<b>508</b>		<b>5198</b>
incl. Ad. UNRWA	150	157	170	138	181	167	227	198	183	214	207		1992
days neo level 1	153	117	178	138	176	154	165	214	174	125	156		1750
days neo level 2	129	49	122	95	64	82	122	104	85	47	55		954
days neo level 3	74	135	110	189	229	144	163	110	100	195	236		1685
<b>TTL days Neonatal</b>	<b>356</b>	<b>301</b>	<b>410</b>	<b>422</b>	<b>469</b>	<b>380</b>	<b>450</b>	<b>428</b>	<b>359</b>	<b>367</b>	<b>447</b>		<b>4389</b>
Adm.Neo.level 1	15	13	20	11	10	18	13	17	18	12	8		155
Adm.Neo.level 2	15	8	7	9	6	6	12	8	10	9	6		96
Adm.Neo.level 3	9	17	7	14	15	11	11	11	13	17	23		148
<b>TTL Admiss. Neon.</b>	<b>39</b>	<b>38</b>	<b>34</b>	<b>34</b>	<b>31</b>	<b>35</b>	<b>36</b>	<b>36</b>	<b>41</b>	<b>38</b>	<b>37</b>		<b>399</b>
incl. Ad.UNRWA	12	12	10	11	13	16	12	20	15	13	14		148
dont Ad.P.N.A.	9	7	7	10	10	8	7	5	6	9	10		88
<b>T.OCCUP.%O/G</b>	<b>54.07</b>	<b>56.55</b>	<b>54.84</b>	<b>56.03</b>	<b>62.98</b>	<b>60.87</b>	<b>67.59</b>	<b>66.28</b>	<b>65.00</b>	<b>61.29</b>	<b>66.67</b>		<b>61.13</b>
<b>T.OCCUP.%Neo.L1+L2+L3</b>	<b>63.80</b>	<b>59.72</b>	<b>73.48</b>	<b>78.15</b>	<b>84.05</b>	<b>70.37</b>	<b>80.65</b>	<b>76.70</b>	<b>66.48</b>	<b>65.77</b>	<b>82.78</b>		<b>73.00</b>