SUCCESS STORY

Prepared by Dr Micheline AlQassis
Head of NICU

Every year, 15 million babies are born prematurely in the world and unfortunately one million will die either from the prematurity itself or from its complications.

Gada Abu Sarhan, Shifaa’s mother, experienced all of the above when she gave birth to severe extreme and fragile premature baby, Shifaa. Shifaa, the fifth child in the family, was born at 25-week gestational age with weight of 700 grams. She was born by Caesarean Section due to a placenta abruption. She stayed in the neonatal intensive care for 3 months. During this period Gada did her best to come as often as she could to see her child in the NICU leaving her other four children at home alone.

She trusted the advanced technology we have in our NICU, as well as the care her baby receives from our medical team, but she can’t help but feel emotional for her baby, her eyes filled with tears that she tried so hard to blink away. She expressed the deep need to be at the bedside to be close to her sick baby. She was indeed in need of caring and emotional support.

Our medical team consisting of doctors and nurses play a vital role in helping Gada through this tough process of premature births. We do this by developing therapeutic relationships, providing emotional support,
helping her in providing care for her infant, promoting positive psychosocial outcomes, decreasing her parental feelings of stress, anxiety, and loss of control. These approaches enable her to feel more supported, more involved, confident, and more effective as a parent.

Weeks turned into months and Shifaa slowly got bigger and healthier. During this period Gada became more involved with feeding, bathing, changing, and just enjoying cuddling her baby. Every step, every word, every achievement has been a source of wonder and celebration to Gada.

Finally, Shifaa finally got to leave the world of beeping machines and monitors to come home. She was taking all her bottles, and was gradually being weaned off her medication. She was home nearly two weeks before her due date. Her weight was 2,280 grams.

Shifaa continued follow-up appointments with Dr. Micheline 15 months after her discharge from the NICU. She achieved most of her milestones around her corrected ages, but came down with mild hypertonia that required physiotherapy for one year.

A few days ago, on the 30th of August, Gada’s beautiful baby returned back with her in time to celebrate her second birthday with our team in the NICU. Gada not only wanted to share her joy with our team, but with the whole state of Palestine as well. Her good news was shared and celebrated through social media reaching the rest of the world, telling them that here in the Holy Family Hospital there is a warm place for all the mothers who are threatened to have a premature labor.

“I want to celebrate with you the victory of the battle of the tiniest creation in the world” said Gada.

Shifaa is now two years old, she does not look like she was born at 25 weeks. She is as big as kids her own age, a healthy toddler. She is a busy girl who loves playing in the dirt, eating everything in sight, her independence, and loves cats.

Here I would like to express my warm thankful to GOD and to our generous donors and for everyone who works hard in order to maintain this holy mission in saving lives and providing the highest standard care to our small patients and their mothers.
New Resident Doctors Team (Palestinian Medical Council)

Dr. Khaled Nahhal, Gynecology Resident Doctor from Hebron, decided to continue his training at our Maternity, starting from August 2017.

Dr. Bara’ Masri, Gynecology Resident Doctor from Hebron, decided to continue his training at our Maternity, starting from August 2017.

Dr. Rashed Da’na, Pediatric Resident Doctor, had the chance to complete his residency at our Art Maternity too starting from August 2017.

We Wishes them all the success

400 Delivery!

Holy Family Hospital Marks for the second month 400 DELIVERIES

We mark this success in our patients’ eyes, when they welcome their new babies to the world. We maintain the best accomplishments when we save the lives of our mothers and their en-fants.

Thus, no words can describe the endless happiness of a mother leaving the hospital in a good health condition carrying her babies in her arms, ready and independent to give him the best care.

our team SUCCESS and Accomplishment are results of your generous and endless donations.
Renewing Medical gases generators including Oxygen & Air Compressors

HFH was facing a serious problem in the medical gases generators especially the oxygen generator and the Air compressor generator. Last year we have lost more than 70,000.00 nis because of the malfunctions of the O2 generator and we have a Medical Air compressor that is working since 1980. So the Aim was to have fund urgently to renew this department and HFH succeeded to have the fund from both the US HFH Foundation and the Swiss Order of Malta, and by this generous donation ($ 299,000.00) we renew both the O2 & air Compressor generators and we are having now the latest and the Up to Date technology.

We install a duplex Oxygen generator so by that way we will never have a malfunction in the O2 generator in which it is very essential for the hospital.

Thank you

HFH management committee would like to express their sincere thankfulness for Mrs. Sissi Montgelas and her group for their continuous donations and gifts.
**ACTIVITY REPORT**

**Newsletter Volume 18 issue 8**

**Holy Family Hospital—Bethlehem**

"Hope is a powerful motivation for Charity"

**Monthly Deliveries**

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>JAN</td>
<td>0</td>
<td>148</td>
<td>250</td>
<td>224</td>
<td>240</td>
<td>230</td>
<td>221</td>
<td>258</td>
<td>249</td>
<td>274</td>
<td>249</td>
<td>271</td>
<td>313</td>
<td>278</td>
<td>306</td>
</tr>
<tr>
<td>FEB</td>
<td>4</td>
<td>130</td>
<td>239</td>
<td>221</td>
<td>218</td>
<td>228</td>
<td>239</td>
<td>221</td>
<td>228</td>
<td>227</td>
<td>224</td>
<td>257</td>
<td>264</td>
<td>271</td>
<td>296</td>
</tr>
<tr>
<td>MAR</td>
<td>46</td>
<td>168</td>
<td>231</td>
<td>231</td>
<td>217</td>
<td>313</td>
<td>236</td>
<td>265</td>
<td>260</td>
<td>278</td>
<td>260</td>
<td>287</td>
<td>286</td>
<td>277</td>
<td>318</td>
</tr>
<tr>
<td>APR</td>
<td>68</td>
<td>180</td>
<td>274</td>
<td>240</td>
<td>216</td>
<td>322</td>
<td>280</td>
<td>298</td>
<td>286</td>
<td>265</td>
<td>301</td>
<td>267</td>
<td>277</td>
<td>268</td>
<td>295</td>
</tr>
<tr>
<td>MAY</td>
<td>85</td>
<td>188</td>
<td>288</td>
<td>238</td>
<td>237</td>
<td>366</td>
<td>284</td>
<td>304</td>
<td>285</td>
<td>229</td>
<td>250</td>
<td>240</td>
<td>297</td>
<td>304</td>
<td>365</td>
</tr>
<tr>
<td>JUN</td>
<td>85</td>
<td>202</td>
<td>294</td>
<td>258</td>
<td>219</td>
<td>277</td>
<td>275</td>
<td>333</td>
<td>292</td>
<td>261</td>
<td>278</td>
<td>302</td>
<td>311</td>
<td>313</td>
<td>363</td>
</tr>
<tr>
<td>JUL</td>
<td>84</td>
<td>188</td>
<td>329</td>
<td>235</td>
<td>243</td>
<td>276</td>
<td>328</td>
<td>307</td>
<td>286</td>
<td>306</td>
<td>279</td>
<td>314</td>
<td>379</td>
<td>379</td>
<td>427</td>
</tr>
<tr>
<td>AUG</td>
<td>71</td>
<td>199</td>
<td>309</td>
<td>235</td>
<td>256</td>
<td>264</td>
<td>280</td>
<td>286</td>
<td>292</td>
<td>296</td>
<td>289</td>
<td>319</td>
<td>351</td>
<td>340</td>
<td>403</td>
</tr>
<tr>
<td>SEP</td>
<td>109</td>
<td>167</td>
<td>275</td>
<td>234</td>
<td>280</td>
<td>233</td>
<td>261</td>
<td>295</td>
<td>263</td>
<td>291</td>
<td>267</td>
<td>281</td>
<td>327</td>
<td>329</td>
<td></td>
</tr>
<tr>
<td>OCT</td>
<td>116</td>
<td>193</td>
<td>223</td>
<td>257</td>
<td>295</td>
<td>255</td>
<td>297</td>
<td>270</td>
<td>251</td>
<td>281</td>
<td>274</td>
<td>258</td>
<td>286</td>
<td>309</td>
<td></td>
</tr>
<tr>
<td>NOV</td>
<td>97</td>
<td>203</td>
<td>165</td>
<td>251</td>
<td>257</td>
<td>224</td>
<td>247</td>
<td>237</td>
<td>224</td>
<td>249</td>
<td>271</td>
<td>251</td>
<td>224</td>
<td>278</td>
<td></td>
</tr>
<tr>
<td>DEC</td>
<td>104</td>
<td>198</td>
<td>175</td>
<td>207</td>
<td>268</td>
<td>238</td>
<td>265</td>
<td>236</td>
<td>243</td>
<td>209</td>
<td>242</td>
<td>265</td>
<td>253</td>
<td>307</td>
<td></td>
</tr>
<tr>
<td>TOTAL</td>
<td>869</td>
<td>2164</td>
<td>3052</td>
<td>2793</td>
<td>2946</td>
<td>3226</td>
<td>3213</td>
<td>3310</td>
<td>3159</td>
<td>3166</td>
<td>3184</td>
<td>3312</td>
<td>3568</td>
<td>3653</td>
<td>2709</td>
</tr>
</tbody>
</table>

**Baby of the Month**

![Baby Feeding](image)

**TOTAL DELIVERIES SINCE 1990** | **75,153**